



TGM Windsteppers  
 Pastor Donald D. Ford I Memorial Meet  
 Featuring The Anthony Harrison Relay  
 May 20, 2017



**LOCATION:** Grandview High School  
 2300 High Grove Road  
 Grandview, MO 64030

**TIME:** Field Events Start: 7:30am  
 Running Events Start: 8:00am

**FEE:** \$15.00 per Athlete

**REGISTRATION DEADLINE:** Tuesday, May 16, 2017 (5pm CST) at [www.coacho.com](http://www.coacho.com)

- (3) Events Limit per Athlete 12 & Under
- (4) Events Limits per Athlete 13 & Up

**GATE ADMISSION FEE:** \$5.00 per Person 5 Yrs & Under Free

**AGES:** 5 - 18 Years Old

**FIELD EVENTS:** (3) Attempt per Athlete (No Finals)

- DISCUS 11-18 Years Old (Girls then Boys)
- SHOT PUT 8 – 18 Years Old (Girls then Boys)
- LONG JUMP 6-Under – 18 Years Old
- TRIPLE JUMP 13 – 18 Years Old

**RUNNING EVENTS:** All running events will be Timed Finals – (In This Order)

- TIMED FINAL 3000M
- TIMED FINAL 80H
- TIMED FINAL 100H
- TIMED FINAL 110H
- HEAT FINAL (New) 50M DASH BACK STRECH (DURING 100’S)
- HEAT FINAL (New) 100M DASH BACK STRECH (DURING 100’S)
- TIMED FINAL 100M
- TIMED FINAL 1500M
- TIMED FINAL 4X100M RELAY (Anthony Harrison Memorial Relay)
- TIMED FINAL 400M
- TIMED FINAL 800M
- TIMED FINAL 4X400M RELAY



**AWARDS:** Medal for 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup>

**WEATHER:** Meet will only be CANCELLED in the event of continued Inclement weather, which would jeopardize the safety of the participants (Lightning-Hail-Heavy Rain-Snow). In all other cases of inclement weather, delays in meet may occur.

**FOR ADDITIONAL INFORMATION, PLEASE CONTACT:**

**Pastor Cornelius M. Blow** Windsteppers-Commissioner

**EMAIL:** [tgmwindsteppers@gmail.com](mailto:tgmwindsteppers@gmail.com)

**PHONE:** (816) 215-7815

**Ms. Rachel Turner** Windsteppers-Executive Assistant

**EMAIL:** [tgmwindsteppers@gmail.com](mailto:tgmwindsteppers@gmail.com)

**PHONE:** (816) 863-8442

**Coaches Check In:** 7:00am - 7:30am

**Coaches Meeting:** 7:30am – 7:45am

Running Events will run GIRLS then BOYS (**Rolling Schedule**)

Some Field Events may be combined (**Girls/Boys**).

Some events may consist of combined age groups-If there are less than (8) Athletes entered in the Event.

**CONCESSION STAND:** Food and drinks will be available for this meet