



**Seventh Annual
Youth Open Track Meet
May 5, 2018**

**Park Hill High School
7701 NW Barry Rd, Kansas City MO, 64153**

GATES OPEN AT 7:30 A.M.

MEET STARTS AT 9:00 A.M.

- ❖ **ENTRY FEE - \$14.00 PER ATHLETE (ONLINE REGISTRATION – www.coacho.com)**
- ❖ **ADMISSION**
 - **\$5.00**
 - **PERSONS AGE 6 AND OLDER**
 - **FREE**
 - **REGISTERED ATHLETES**
 - **COACHES**
 - **PERSONS AGE 5 AND UNDER**

MEET RULES

- **THIS MEET WILL ACCOMMODATE 8 & UNDER THRU 14 YEAR OLD ATHLETES ONLY**
- **8 & UNDER – 12 YEAR OLD DIVISIONS MAY COMPETE IN A MAXIMUM OF 3 EVENTS**
- **13 & 14 YEAR OLD DIVISIONS MAY COMPETE IN A MAXIMUM OF 4 EVENTS**
- **ALL EVENTS ARE ON A ROLLING SCHEDULE**
- **ALL AAU TRACK AND FIELD RULES ARE IN EFFECT FOR RUNNING EVENTS**
- **FIELD EVENTS FOR 8 & UNDER THRU 12 YEAR OLD WILL BE A 3 JUMP / THROW FINAL**
- **FIELD EVENTS FOR 13 & 14 YEAR OLD DIVISIONS WILL BE A 4 JUMP / THROW FINAL**
- **COACHES WILL BE ASKED TO HELP AS NEEDED**
- **COACHES WILL BE ALLOWED TO INSTRUCT ATHLETES DURING COMPETITION**
- **COACHES ARE NOT ALLOWED IN THE FOOTBALL FIELD WARM-UP AREA**

AWARDS

- MEDALS WILL BE AWARDED TO TOP THREE FINISHERS IN EACH EVENT

AGE DIVISIONS

- 8 & UNDER
- 9 YRS
- 10 YRS
- 11 YRS
- 12 YRS
- 13 YRS
- 14 YRS

BIRTH YEAR

2010 +
2009
2008
2007
2006
2005
2004

ORDER OF RUNNING EVENTS (starts at 9:00 A.M.)*

1500 METERS 8 & UNDER THRU 14 YRS
100 METERS 8 & UNDER THRU 14 YRS
400 METERS 8 & UNDER THRU 14 YRS
4 X 100 METERS 8 & UNDER THRU 14 YRS
800 METERS 8 & UNDER THRU 14 YRS
200 METERS 8 & UNDER THRU 14 YRS

ORDER OF FIELD EVENTS (starts at 9:00 A.M.)*

DISCUS 14 YRS THRU 11 YRS
SHOT PUT 14 YRS THRU 8 & UNDER
LONG JUMP 14 YRS THRU 8 & UNDER
TRIPLE JUMP 14 & 13 YEAR OLDS

* Running takes precedence over field events. When necessary, please have athletes check in at field event and return after running event(s).

Meet Director: Ken McDaniel, urbane562003@yahoo.com , (816) 606-5323